

**Date:** May 6, 2016

**8:30a.m.-4:30p.m.**

**Register 8:00-8:30am**

### **SCHEDULE**

**8:30-9:00a.m.**

Welcome, Overview of Session, and Topic Intro.

**9:00-10:30a.m.**

Do you Really Know Your Mind?

**10:30-10:45a.m.**

**BREAK**

**10:45-12:00p.m.**

Stress, Trauma and Conquering Triggers.

**12:00-1:00p.m.**

**LUNCH PROVIDED**

**1:00-2:30p.m.**

Memory, Perception and Contemplative Practices.

**2:30-2:45p.m.**

**BREAK**

**2:45-4:00p.m.**

Share the Love ~ Help your Clients.

**4:00-4:30pm.**

Questions, Evaluations

**Place: AGC Training Rm**

**5400 Mill St.**

**Reno, NV 89502**

## **Nevada Dispute Resolution Coalition**



### **Advanced Mediation Training**

## **Brain Science and Mediation Skills**

The more we learn about neuroscience, the more we understand how emotions are tied to decision-making, moods and health. Throughout this workshop, you'll experience learning modules and exercises that will help you understand what goes on in the human brain during conflict. You'll also discover how each of us can master techniques to return to a balanced thinking state more quickly so that we can be more effective in resolving conflict.

**SPEAKERS: ELISE CHAMBERS & ANNA BERGREEN**

*Elise is the Program Director of the Conflict Resolution Center of Minnesota, an attorney, a Qualified Neutral and an adjunct professor at the University of Minnesota School of Law. Elise has developed workshops and trainings in mediation, communication skills, brain science, youth mentoring, community leadership and group facilitation processes. Recently, Elise presented at the 2015 ACR Conference in Reno.*

*Anna Bergreen is an experienced mediator and trainer and serves as the Development Director of the Conflict Resolution Center of Minnesota.*

### **TO REGISTER:**

Complete Attached Form & Mail to:  
NDRC

P.O. Box 2164

Reno, NV 89505

CONTACT:

NDRC at 775.813.0838

E-mail: [training@nvdrcc.org](mailto:training@nvdrcc.org)

### **Registration Fees:**

#### **◆ Early Registration:**

**Postmarked by April 15, 2016**

**NDRC Members\* \$150**

**Non-Members \$200**

#### **◇ Postmarked between April 16-May 5 2016**

**All attendees \$200**

### **NDRC Membership:**

**General Member \$20**

**Practitioner \$40**

**Advanced Practitioner \$70**

*\*All membership categories are eligible for the early registration discount*

### **Seeking Approval for 6 hrs of CLE/CEU Credit**

◆ The Nevada Board of Continuing Legal Education – **APPROVED - #18205 - 6 CREDITS**

◆ Nevada State Board of Examiners for Social Workers

◆ Nevada State Board of Examiners for Marriage and Family Therapists

◆ Nevada State Board of Psychological Examiners – **APPROVED - #NV16-0329CE**